



Les Mills Launch Week April 26–May 1

ALL CLASSES ARE FREE TO THE PUBLIC!



Friday, April 26

5:30am — RPM/Core

Saturday, April 27

8:00am — Grit

8:35am — BodyPump

9:40am — BodyStep

Sunday, April 28

8:30am — BodyPump

Monday, April 29

5:30am — BodyBalance

4:45pm — BodyCombat

5:45pm — BodyBalance

Wednesday, May 1

5:30am — Sprint/Core