

NORTH DODGE ATHLETIC CLUB BASKETBALL LEAGUE RULES

1. Each Game will consist of two 18-minute halves with a continuous clock. The clock will stop the last minute of each half for dead balls, free throws, and infractions.
2. One free throw will be shot for each shooting foul during the game. One free throw made will count for two. If a player scores and is fouled the free throw attempt will count for one point.
3. Each individual will be allowed 5 fouls per game.
4. Each team will be allowed two 30-second timeouts per half. A timeout may not be carried over to the second half. Ties will be broken by playing a 2-minute overtime. At the end of the two minutes if the score is tied the tie stands. Half-time will last two minutes.
5. Only 2 coaches are allowed on the bench.
6. There will be a 10-second time limit to cross the half court line. (Note: the over and back line will be the red line behind the half court line.)
7. Only man to man defense is allowed for 3rd, 4th, 5th, and 6th grade teams. Zone defenses will be allowed for only junior high games. A double trap is allowed if a team is not ahead by 15 or more points.
8. 3-pointers will count for 7/8th grade teams. Fouls on 3 pointers will consist of two shots. The first free throw scores one point and the second one scores 2 points.
9. All teams (except 3/4th girls) may press the last two minutes of each half, unless they are ahead by more than 15 points.
10. If the same player commits two technical fouls in the same game, he or she will be ejected and asked to sit out the next game. (2 technical fouls will not be called on the same infraction.) A coach may be asked to resign if he or she receives 2 technical fouls. Fans may be ejected from the gym for improper conduct.
11. Officials will move the defense back at the baseline to allow enough room for the offense to throw the ball in.
12. All teams will play with the 28.5 size ball. Practice and game balls are provided.
13. Shirts will be required for teams with 4 inch numbers on the back.
14. Players must carry in their basketball shoes and bring **only water** in the gym. **Please take time to clean up after your team at the end of the game. Please do not wear your outside shoes in the gym or bring other food and beverages in the gym.**
15. There is no limit to the number of substitutions at each position. The Scorekeepers do not keep track of substitutions. Substitutions will be permitted by the refs when the ball is dead. Players must wait at the scorekeepers table until signaled by the ref. to enter the game.
16. Home team starts the game with the ball at mid court. Ball possession will change with jump balls and halves.
17. **It is strongly recommended that all players wear mouth guards.** Players may not wear jewelry and must cover earring studs with tape.
18. Home team starts the game with the ball at mid court. Ball possession will change with each half and jump balls.
19. Space is limited. Please do not have your team arrive more than 20 minutes before their scheduled game. Please use the entrance in the back of the building. (white canopy) Please be careful upon entering the gym. Games may be in progress. Please attempt to dry feet before entering the gym. Please do not stand in front of the fire exits.
20. At the end of the game please clean up your area. We would appreciate it if you could throw all garbage away. Please give special attention to articles left behind. We have lots of "lost and found" articles each session.
21. Please park along the East and North side of the gym and building and enter the gym through the white canopy structure located on the Northeast side of the building.
22. League play will consist of 7 games and the 8th game will be a play off game by position. (1st vs 2nd, 3rd vs 4th, etc.) With an odd no. of teams involved some teams may be asked to plan an extra game.) Medals will be awarded to the winning team and will be based upon the season record. If there is a tie the final game will determine the winner.
23. 3/4th boys and girls can move in front of the free throw line to shoot their free throws.
24. A player may play on only one team per grade level, but may play on a different grade level. They must pay for each team.
25. Every team must have at least 7 members on the team.
26. Practice time will be made available for teams to rent the gym at \$37.10 per hour.
27. We hope you enjoy the league. Please remember good sportsmanship at all times. Any questions concerning the league may be addressed to Julie Gatens at 351-5683.